



Hakkani TV

Sohbats by
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

TO HAVE CONTENT HEARTS

As-Salāmu ‘Alaykum wa RaḥmatuLlābi wa Barakātuh.

A‘ūdhu BiLlābi Minash-shayṭāni r-rajīm. BismiLlābi r-Raḥmāni r-Raḥīm.

Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwalīna wa l-Akhirin.

*Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūliLlāh, Madad yā Mashāyikbinā,
Dastūr Mawlana Sheikh Abdullah al-Fā’iz ad-Daghistani, Sheikh Muḥammad Nazim al-
Ḥaqqānī. Madad. Ṭarīqatunā aṣ-Suḥbah wa l-Khayru fi l-Jam‘iyyah.*

Bismi Llāhi r-Raḥmāni r-Raḥīm:

أَلَا بِذِكْرِ اللَّهِ تَطْمَئِنُّ الْقُلُوبُ

“A-lā bi-dhikri Llāhi taṭmainnu l-qulūb”, “Verily, in the remembrance of Allah do hearts find rest.” (Qur’ān 13:28). Hearts are only at rest when you remember Allah ‘Azza wa-Jalla. When you remember Dunya, your heart is not at rest. It doesn’t attain peace. Peace comes only when you remember the name of Allah ‘Azza wa-Jalla and make His ﷻ Dhikr. Your heart is at peace and you are at peace then.

In the time we live now, everyone has forgotten Allah ‘Azza wa-Jalla and is running after Dunya. They have filled their hearts with Dunya preoccupations. As they don’t think about anything else, all people, it is correct to say 99% of them, are not at peace and their hearts are uneasy. They are in fear. There is a new trend now, they call it a panic attack. We couldn’t understand what it is. But what we understand is that it is fear from the state of Dunya. The state of Dunya is in a position to be feared from. To whom is the position to be feared from? To those who have forgotten Allah ‘Azza wa-Jalla.

People who are with Allah ‘Azza wa-Jalla have content hearts everywhere. Wherever they are, in hardship and easiness, in sorrow and in whichever state they are, people who make the Dhikr of Allah ‘Azza wa-Jalla and remember Allah ‘Azza wa-Jalla have content hearts. Why? Because people who always say, “He ﷻ created us. We came from Him ﷻ and to Him ﷻ we will return” are at rest.

Otherwise, people say, “What will our condition be now? This is gone. This has happened here. That has happened there. Our country is so. Here is like this and there is like that”. They don’t remember at all that these are things given by Allah ‘Azza wa-Jalla. What He ﷻ wants happens and His ﷻ will takes place.



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People who believe in this have content hearts. Otherwise, they swear at the government, they swear at people. They swear at everyone old and young. They think they will be satisfied by swearing at others. Not at all. The more you swear, the darker your heart gets, the worse your heart gets.

What you should do is remember Allah ﷻ. We must know that we are in a test in this world and remember this. Everything comes from Allah 'Azza wa-Jalla. The things Allah ﷻ gives has wisdom in them. They are beneficial for believers. Both hardship and easiness have benefit for them. Nothing goes in vain. Everything has its reward. But if you don't have Iman, if you don't believe in Allah ﷻ, everything is bad for you then. Even if the best thing happens, it is bad for you. May Allah ﷻ protect us. May Allah ﷻ not remove His ﷻ Dhikr from our hearts. May our hearts always live with His ﷻ Dhikr insha'Allah.

Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani
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Fajr Prayer, Akbaba Dergah

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