



Hakkani TV

Sohbats by  
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

**DON'T EXPECT HELP FROM ANYONE BUT YOURSELF**

*As-Salāmu 'Alaykum wa RaḥmatuLlābi wa Barakātuh.*

*A'ūdhu BiLlābi Minash-shayṭāni r-rajīm. BismiLlābi r-Raḥmāni r-Raḥīm.*

*Wa ṣ-Salātu wa s-Salāmu 'alā Rasūlinā Muḥammadin Sayyidi l-Anwalīna wa l-Akhirīn.*

*Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūlilLāh, Madad yā Mashāyikḥinā,  
Dastūr Mawlana Sheikh Abdullah al-Fā'iz ad-Daghistani, Sheikh Muḥammad Nazim al-  
Ḥaqqānī. Madad. Ṭarīqatunā aṣ-Suḥbah wa l-Khayru fi l-Jam'iyah.*

Bismi Llāhi r-Raḥmāni r-Raḥīm:

يَسِّرُوا وَلَا تُعَسِّرُوا، بَسِّرُوا وَلَا تُنْفِرُوا

“Yassirū wa-lā tu'assirū, bash'shirū wa-lā tunaffirū”, “Make things easy and do not make them difficult. Give people good tidings and do not make them run away”, says our Holy Prophet salla Llāhu 'alayhi wa-sallam.

Know every deed as good. We must know that everything we do is a blessing from Allah 'Azza wa-Jalla. Then those deeds are blessed and go smoothly. But if you say every deed is difficult and not easy and ask for help from others, everything will be difficult for you. Allah ﷻ gave you strength, blessing and mind. Everyone can live with his potentials. Allah ﷻ gave everyone skills and abilities. If you keep on with them and get along with people, you will have a comfortable life. But if you don't like anything and don't get along with people, it will be your fault then.

Some people are as such that whatever you do, they find a flaw. You tell them to do this, they say, “It won't work. It is like this”. You say, “Everyone is doing so”. They do. But even though they do, they are not successful, they fail. And then you tell them to do this. They find thousand things in this and it doesn't work too. You tell them to do whatever they want, but they still fail. And they blame others for it. “You told me to do so but it didn't work out”, whereas they didn't do anything.

They find flaws and faults in everything. Everything fails and goes wrong. Why? Because the intention or thought is weak, damaged and not good since the beginning. Therefore, our Holy Prophet ﷺ used to say, “فَإِذَا عَزَمْتَ فَتَوَكَّلْ عَلَى اللَّهِ”, “Fa'idhā `Azamta Fa-tawakkal `Alā Allāhi”, “And when you have decided, then rely upon Allah.” (Qur'an 03:159). When you want to do something, step in it without fear. You will succeed then.



Hakkani TV

Sohbats by  
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

As we said, there is a part of people, not all people, who say “It won’t work” whatever you do and say. It is because, as we said, they are damaged since the beginning. Their deed is damaged before even making a step. Because their intention is damaged, they are damaged, so everything they do is damaged. But if they start by making Tawakkul and saying ‘with the permission of Allah ﷻ’ and ‘BismiLlah’, and if they are patient, the result will be secured for sure. Otherwise, “You told me and I did it. So it’s your fault”. Whereas, the fault is theirs.

No one is going to watch over the deeds others are doing. They give advice and show the way. If you follow that way, it is good. Certainly, obstacles occur on the way. There is easiness too. But it cannot be absolutely easy. If things were easy, everyone would go on the same way. People have become more of this type now. They swear at the government, they swear at people. They don’t like anything. Who don’t like anything are at loss themselves. Therefore, “يَسِّرُوا وَلَا تَعْسِرُوا”, “Yassirū wa-lā tu‘assirū”, “Make things easy and do not make them difficult.” Make it easy, ask for goodness, and you will have goodness. If you don’t ask for goodness, you will be tested. And your work won’t go smoothly then.

This advice is for everyone. When a person is carried away and blames others, he can never be successful. People fall, get up, then walk and rise. But if they wait for others to come and raise them, they will remain down there, and no one will help them. May Allah ﷻ help people. This is the advice for the worldly life. It applies to everyone. Don’t expect help from anyone but yourself. Everyone is busy with his ego. Allah ‘Azza wa-Jalla is saying in Qur’an, “وَلَا تَزِرُ وَازِرَةٌ وِزْرَ أُخْرَى”, “Wa Lā Taziru Wāziratun Wizra ‘Ukhra’”, “And no bearer of burdens will bear the burden of another.” (Qur’an 35:18). No one can carry the sins and burdens of others. Allah ‘Azza wa-Jalla created those people. Allah ‘Azza wa-Jalla adjusted what they will do accordingly. It will be easy for them to go on that way. They shouldn’t expect from others, they should expect from Allah ﷻ. They should ask for help from Allah ﷻ for their work to go smoothly.

As we said, there is a type of such people. If you meet them, there’s no need to even talk to them. Because whatever you tell them and show them, they don’t like it. They say “We did it, it didn’t work out”. They take your time for nothing and cause you headache for nothing. May Allah ﷻ protect us. May Allah ﷻ give income from goodness to everyone insha’Allah.

Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani  
12 July 2023/ 24 Dhul Hijjah 1444  
Fajr Prayer, Akbaba Dergah

[www.hakkani.org](http://www.hakkani.org)  
[www.hakkani.org](http://www.hakkani.org) / [www.hakkaniyayineri.com](http://www.hakkaniyayineri.com)