



Hakkani TV

Sohbats by  
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

## THE SECRET FOR OPENING HEARTS

*As-Salāmu ‘Alaykum wa RaḥmatuLlābi wa Barakātuh.*

*A‘ūdhu BiLlābi Minash-shayṭāni r-rajīm. BismiLlābi r-Raḥmāni r-Raḥīm.*

*Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwalīna wa l-Akhirin.*

*Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūliLlāh, Madad yā Mashāyikbinā,  
Dastūr Mawlana Sheikh Abdullah al-Fā’iz ad-Daghistani, Sheikh Muḥammad Nazim al-  
Ḥaqqānī. Madad. Ṭarīqatunā aṣ-Suḥbah wa l-Khayru fi l-Jam‘iyyah.*

Bismi Llāhi r-Raḥmāni r-Raḥīm:

فَمَنْ يُرِدِ اللَّهُ أَنْ يَهْدِيَهُ يَشْرَحْ صَدْرَهُ لِلْإِسْلَامِ

‘Faman Yuridi Allāhu ‘An Yahdiyahu Yashrah Ṣadrahu Lil’islām’, ‘So whoever Allah wants to guide, He opens his breast to Islam.’ (Qur’ān 06:125). Ṣadaqa Llāhu l-‘Azīm. When Allah Azza wa-Jalla wishes goodness to a servant, He ﷻ opens his heart towards Islam. He finds contentment with Islam. Who is content with Islam will be happy with everything.

People are looking for happiness. Allah ‘Azza wa-Jalla says happiness is in Islam. For the heart to be at peace, only when Allah ﷻ wishes you goodness and opens your heart towards Islam, you will be happy. Otherwise, you will feel tight in your chest and as if your soul is coming to your throat.

If the heart is not open, if there is no peace in the heart, whatever you give it from outside, it won’t feel better. It won’t be satisfied. It won’t be relieved or happy. Whatever you give it from outside, it won’t work. Only Iman that enters from inside brings relief to the heart. It opens the heart. The rest of what you give from outside, Kufr and badness make it worse. It becomes worse. There is no benefit but harm.

Allah ‘Azza wa-Jalla created it like this and wants it this way. But Allah ‘Azza wa-Jalla showed the way to people so that they turn to this way. It is a secret of Allah ‘Azza wa-Jalla. He ﷻ knows His ﷻ work Himself ﷻ. We don't know it. We cannot interfere in the work of Allah ‘Azza wa-Jalla.

The result is what is important. Therefore, in order for people to get rid of hardship, sadness and sorrow, they must turn to Allah ‘Azza wa-Jalla. They must go straight towards Allah ‘Azza wa-Jalla. Whoever turns to Him ﷻ, Allah ‘Azza wa-Jalla says, “If My servant approaches Me, I will approach him”. Certainly, the great being of Allah ‘Azza wa-Jalla is



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not according to our imagination. His ﷻ body is not like the body of anything. **لَيْسَ كَمِثْلِهِ شَيْءٌ**, 'Laysa kamithlihi shay'un', 'There is nothing like unto Him.' (Qur'an 42:11). Nothing is like Him ﷻ. But the meaning is that when a servant turns to Allah ﷻ, Allah ﷻ turns to the servant.

A servant must put effort. If the servant is lazy and does everything but then strives to open his heart and make it beautiful, he won't attain anything. Only when he turns to Allah 'Azza wa-Jalla and asks for His ﷻ pleasure, his heart will open and be relieved. May Allah ﷻ open our hearts insha'Allah. May they be filled with the light of Iman. When they are filled with light, there are all kinds of goodness and beauty.

Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani  
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