

Sohbats by

Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

### - ASTA

#### **AVOID BAD ASSUMPTIONS**

As-Salāmu 'Alaykum wa RaḥmatuLlāhi wa Barakātuh. Aʻūdhu BiLlāhi Minash-shayṭāni r-rajīm. BismiLlāhi r-Raḥmāni r-Raḥīm. Wa ṣ-Salātu wa s-Salāmu 'alá Rasūlinā Muḥammadin Sayyidi l-Awwalīna wa l-Akhirīn. Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūliLlāh, Madad yā Mashāyikhinā, Dastūr Mawlana Sheikh Abdullāh al-Fā'iz ad-Dāghistāni, Sheikh Muḥammad Nāzīm al-Ḥaqqānī. Madad. Ṭarīqatunā aṣ-Suḥbah wa l-Khayru fi l-Jam'iyyah.

Bismi Llāhi r-Raḥmāni r-Raḥīm:

# يَا أَيُّهَا الَّذِينَ آمَنُوا اجْتَنِبُوا كَثِيرًا مِّنَ الظَّنِّ إِنَّ بَعْضَ الظَّنِّ إِثْمُ الْمَ لَا تَجَسَّسُوا وَلَا يَعْضُكُم بَعْضًا يَغْتَب بَعْضُكُم بَعْضًا

(Qur'ān 49:12). 'Yā 'Ayyuhā Al-Ladhīna 'Āmanū Ajtanibū Kathīrāan Mina Až-Žanni Inna Ba'da Až-Žanni Ithmun, Wa Lā Tajassasū Wa Lā Yaghtab Ba'ðukum Ba'ðā', 'O you who have believed, avoid much [negative] assumption. Indeed, some assumption is sin. And do not spy or backbite each other.'

Allah 'Azza wa-Jalla is saying in Qur'an 'Azimu sh-Shan, "Do not make bad assumptions". Do not think badly. Making bad assumptions is a sin. When there is a sin, it harms people. "Is it this one or that one? What did they do to me?" Such bad thoughts bother the person. Therefore, Allah 'Azza wa-Jalla says it is bad in Qur'an 'Azimu sh-Shan. Don't think badly. Interpret everything as well so that it is good. Think well.

People nowadays make bad assumptions more. Making bad assumptions is not good. Nevertheless, people must be alert so that others don't do badness to you. This is the acumen of believers; they must know what is good and what is not good. When Iman is strong, they know it. When Iman is weak, they think badly about everyone; both the good and bad ones. They don't think well.

Thinking well is the duty of a believer. A believer knows who thinks badly and who can do badness. And he is not afraid of them. But who has weak Iman fears everything "Will they?.." Also, now a certain type of people have appeared. When they go to them, they usually say, "They have put a spell on you. They did this and that". They confuse them even more and help people in making bad assumptions even more.

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Things like this bring discomfort to people. Because it is unclear whoever does what and if there is someone at all who does this. When it is like this, they think badly about everyone around them. Whereas those people have no fault. They do nothing. Enmity occurs between them. Hatred and anger occur which exhausts people. Therefore, Allah 'Azza wa-Jalla is showing goodness to us. And He is directing us to goodness. Goodness brings goodness, and badness brings badness.

So we must not make bad assumptions. We must be careful. We must have love towards people, not hatred. Even if someone is bad, we will be protected from his badness this way. Otherwise, if he thinks badly, even a good person becomes bad then. May Allah protect us. It is from the diseases of the ego. May Allah help us. May Allah not let us obey our egos.

Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani 27 March 2023/ 05 Ramadan 1444 Fajr Prayer, Akbaba Dergah

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