



Hakkani TV

Sohbats by

Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

A FITNAH AGAINST FASTING

As-Salāmu ‘Alaykum wa RaḥmatuLlābi wa Barakātuh.

A‘ūdhu BiLlābi Minash-shayṭāni r-raġīm. Bismillābi r-Raḥmāni r-Raḥīm.

Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwālina wa l-Akhirin.

Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi Rasūlillāh, Madad yā Mashāyikbinā,

Dastūr Mawlana Sheikh Abdullah al-Fā’iz ad-Dāghistāni, Sheikh Muḥammad Nāẓim al-

Ḥaqqānī. Madad. Ṭarīqatunā aṣ-Suḥbah wa l-Khayru fī l-Jam‘iyyah.

Shukr to Allah ﷻ, we are reaching Ramadan safely again. It is a blessed beautiful month gifted by Allah ﷻ to Muslims. It has a lot of virtue and Barakah. All over the world, no matter where you are, whether you are in a Muslim country or elsewhere, Allah 'Azza wa-Jalla makes that beauty be everywhere as long as Muslims fast and pray.

This manifestation and state are given everywhere as a gift from Allah 'Azza wa-Jalla to Muslims. As long as Muslims obey Allah ﷻ, as long as they carry out His ﷻ orders, this Dunya is paradise and Akhirah is paradise for them. Therefore, as long as Muslims do not separate from the right path, from the path of Allah 'Azza wa-Jalla, they won't have any hardship.

During the time of our Holy Prophet salla Llāhu ‘alayhi wa-sallam, the time when Sahabah lived was the most difficult according to worldly circumstances. There were days when they had been hungry for days. Yet, the Sahabah would say their most beautiful time was that time. The hardship of this world is nothing as long there is Iman and as long as you are on the way of Allah ﷻ. It is happiness and goodness for Muslims.

Sometimes in order to alienate Muslims from Ramadan, they say “If you are hungry, this will happen. If you are thirsty, that will happen”, and most of the times, knowingly or unknowingly, they strive to prevent them from performing this worship. If those who do it do so knowingly, they are committing a big sin. When it is done unknowingly, they should still make their research and look into it. Especially, they make it through doctors who say “If you don't drink, this will happen. If you don't eat, that will happen”.

Whereas fasting is health. Our Holy Prophet salla Llāhu ‘alayhi wa-sallam says, “صَوْمُوا تَصِحُّوا”, “Sumu tasihhu”, Fast and you'll attain health. “المعدة بيت الداء والحمية رأس”, “الدواء”, “The stomach is the house of diseases, and diet is the best medicine.” The stomach is the place of illness. Whatever everyone finds, they throw it into their stomachs. When there is too much things or unnecessary things in the stomach, it causes illness. And diet is the cure for it. Fasting is the best diet. The stomach is restrained from everything, so it recovers. The stomach and the health of people recover. The stomach recovers, and you attain the pleasure of Allah ﷻ.

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May Allah ﷻ protect us from this Fitnah. Because if you try to do goodness, make charity and obey Allah ﷻ, not only a thousand but a hundred thousand shaytans strive to stop you. May Allah ﷻ protect us. Insha'Allah it will pass with Barakah and goodness for the Ummah. May Allah ﷻ help us all. And may Allah ﷻ help poor people in the areas of the earthquake. Insha'Allah the virtue of this Ramadan will remove their sorrow and hardship insha'Allah.

Wa min Allah at-Tawfiq. Al-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani
21 March 2023/ 29 Sha'ban 1444
Fajr Prayer, Akbaba Dergah

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