



Hakkani TV

Sohbats by  
Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

### LOVE AND HATE MODERATELY

*As-Salāmu ‘Alaykum wa RaḥmatuLlābi wa Barakātuh.*

*A‘ūdhu BiLlābi Minash-shayṭāni r-raġīm. Bismillābi r-Raḥmāni r-Raḥīm.*

*Wa ṣ-Salātu wa s-Salāmu ‘alā Rasūlinā Muḥammadin Sayyidi l-Anwalīna wa l-Akhirīn.*

*Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi Rasūlillāh, Madad yā Mashāyikbinā,  
Dastūr Mawlana Sheikh Abdullah al-Fā’iz ad-Daghistani, Sheikh Muḥammad Nazim al-  
Ḥaqqānī. Madad. Ṭarīqatunā aṣ-Suḥbah wa l-Khayru fi l-Jam‘iyyah.*

Among the beautiful sayings of our Holy Prophet salla Llāhu ‘alayhi wa-sallam as a lesson and advice for people, our Holy Prophet ﷺ says:

أَحِبُّ حَبِيبَكَ هَوْنًا مَا عَسَى أَنْ يَكُونَ بَغِيضَكَ يَوْمًا مَا  
وَأَبْغِضْ بَغِيضَكَ هَوْنًا مَا عَسَى أَنْ يَكُونَ حَبِيبَكَ يَوْمًا مَا

“Love your beloved moderately, perhaps he becomes hated to you someday. And hate whom you hate moderately, perhaps he becomes your beloved someday.” [Hadith]

What our Holy Prophet ﷺ says is that if you love someone, do not love him too much. It is possible that he may become your enemy in the future as it is in the human nature. If you love someone and tell him everything, when he becomes your enemy, he may use what he knows to harm you. Also, don’t feel too much animosity towards your enemy. It is possible that he may become your friend later. And when he becomes your friend, for the badness you did to him, as you have treated and spoken to him badly, you will regret it.

This beautiful saying of our Holy Prophet ﷺ is showing the nature of people. People don’t stay the same all the time, they change. They change from state to a different state. So you must hold the middle state in everything. You shouldn’t go too far. You shouldn’t feel too much animosity. You shouldn’t trust or love too much.

Not everything can be told. In order for people to hide it, Allah ‘Azza wa-Jalla says not to reveal much what they do. Allah ﷻ is As-Sattar/ The Veiler, He ﷻ veils and covers. When you tell something to others, you are embarrassing yourself then. People of the present time, as we said, do some things and regret it later. But it is too late then. Therefore, you must be careful in every move you make, in everything you do.



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They do all kinds of shame to children. Either by force, or by encouraging them, they take their photos and I don't know what. They must be careful about it. In old times, when kids were 15 years old, they became men and looked after the household. But nowadays, when they are 20 or 30 years old they are still treated as children. They are playing games and assume they are knowledgeable because they study. Those who don't study are cleverer than them.

Therefore, we should be very careful. Your actions should not embarrass you both in Dunya and in Akhirah. They should not put you in shame in front of Allah ﷻ. We should pay attention to this. Don't go to extremes in everything you do. Don't go to extremes in anything. May Allah ﷻ protect us. They say radical to extremes. Extremeness is nothing but harm. May Allah ﷻ protect us.

Wa min Allah at-Tawfiq. Al-Fatiha.

There are recited Qur'an Khatms, Yasin, Surahs and Ayat, Tasbihat, Tahlilat and Salawat. They have recited from all over the world and consigned to us for gifting them first of all to our Holy Prophet ﷺ, his Ahlu l-Bayt and Sahabah, to the souls of all Anbiya, Awliya, Asfiya and Mashayikh, to the souls of all of our late relatives. For goodness to come and evil to be gone, for the pleasure of Allah ﷻ.

Li-Llahi Ta'ala l-Fatiha.

Mawlana Sheikh Muhammad Adil ar-Rabbani  
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Fajr Prayer, Akbaba Dergah

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