

## Sohbats by Hadrat Shaykh Muhammad Mehmet Adil al-Hakkani

EGO IS A TEST

As-Salāmu 'Alaykum wa RaḥmatuLlāhi wa Barakātuh. Aʿūdhu BiLlāhi Minash-shayṭāni r-rajīm. BismiLlāhi r-Raḥmāni r-Raḥīm. Wa ṣ-Salātu wa s-Salāmu 'alá Rasūlinā Muḥammadin Sayyidi l-Awwalīna wa l-Akhirīn. Madad yā RasūlAllāh, Madad yā Sādāti Aṣḥābi RasūliLlāh, Madad yā Mashāyikhinā, Dastūr Mawlana Shaykh Abdullāh al-Fā'iz ad-Dāghistāni, Shaykh Muḥammad Nāẓim al-Ḥaqqānī. Madad. Ṭarīqatunā aṣ-Suḥbah wa l-Khayru fi l-Jam'iyyah.

May Allah <sup>®</sup> protect all of us from the evil of our egos. Because even if you do goodness, the ego strives to destroy your goodness. Who doesn't control his ego oftentimes does bad things while trying to do goodness.

Therefore, it is good for the people of Tariqah and everyone to train their egos. But it is more necessary for the people of Tariqah. People of Tariqah should not be like other people. They have joined a way for the training of their egos and to be better. They have joined this way to be closer to Allah 'Azza wa-Jalla. They should pay attention to it.

If normal people control their egos too, they will be more relaxed. It will be better for them. Because the ego doesn't know anything other than badness. It is easy to do badness. That is why the ego leans towards badness. Doing goodness is difficult; it is difficult for the ego.

Shaytan, Nafs/ego, Dunya, Hawa/desires. Grandsheikh Mawlana Sheikh Abdullah al-Faiz ad-Daghestani used to say that there are four enemies: Nafs/ego, Hawa/desires, Dunya, Shaytan. They show goodness as difficult to you and try to prevent you from it. Therefore, many people are far away from doing goodness and lean towards doing badness. They see every goodness as difficult, and see badness and sins as easy. They can do them easily. If there was no law in this world, it would be completely worse.

This is something given to people by Allah 'Azza wa-Jalla as a test. Tests are always difficult. Even at schools, children and adults are scared of the difficulty of the tests and get frustrated. And when there is no test, they have fun and go around.

Tests are for a lifetime. When we were young, we thought we'd relax and tests would finish after school was over. But tests just start then in childhood, and last until the end of your life. Therefore, don't be slack with tests. Don't be slack so that the end is good insha'Allah. May Allah <sup>28</sup> help all of us.

Wa min Allah at-Tawfiq. Al-Fatiha.

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